

COVID Protocol: Frequently Asked Questions for AISC Parents

Drafted September 5, 2022 by the AISC Health Advisory Committee

Q: What should I do if my child has a COVID symptom?

A: It is highly recommended to test your child for COVID if they have any COVID symptom. Children should never come to school with a fever (100.4° F (38° C) or greater).

Q: What are the symptoms of COVID?

A: COVID symptoms vary widely and many individuals experience no symptoms at all. Individuals with COVID may experience one or more of the following symptoms: Fever or chills, Cough, Shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.

Q: What should I do if my child tests negative for COVID?

A: *If your child tests negative, but has a fever:* they should stay home until they are fever-free (without medication) at least 24 hours. With rapid tests, repeat testing is recommended and complete guidance is available [here](#).

A: *If your child tests negative and is fever-free, but has a cold symptom* (cough, sore throat, or sniffles), they may come to school but should wear a mask while on campus. With rapid tests, repeat testing is recommended and complete guidance is available [here](#).

A: *If your child tests negative and does not have COVID-19 symptoms but was exposed to COVID-19:* they may come to school. With rapid tests, repeat testing is recommended and complete guidance available [here](#).

Q: What should I do if my child tests positive for COVID?

A: If your child tests positive for Covid:

- Alert Nurse Mariama, Mr. Cissé, the classroom teacher, and the school director.
- Your child should isolate at least five full days, starting from the day after the positive test,
- Your child may come back to school on day six if fever free (without the use of fever reducing medicine) and if any other symptoms are improving. Your child must wear a high-quality mask for an additional five days (days 6-10).
- As soon as you receive the positive results, you should inform your child's physician and anyone who has had close contact with your child while they were infectious (starting from two days before symptoms, or two days before positive test if symptom-free).

Q: When can my child come back to school after testing positive?

A:

- Your child can come back to school after day five if fever free (without the use of fever-reducing medicine) and any other symptoms are improving, but must wear a high-quality mask through day 10,
- If your child still has a fever or other symptoms have not improved, they should continue to isolate until they improve. Complete guidance on isolation is available [here](#).

Q: What should I do if my child was in contact with someone infected with COVID?

A: Your child should wear a high-quality mask for 10 days.

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-If your child develops symptoms: it is highly recommended that they test for COVID immediately.

- If your child does not develop symptoms: it is highly recommended to test five full days after last exposure.

-Please see above on how to respond to negative versus positive test results.

Q: What are the pros and cons of a PCR vs Rapid test?

A: PCRs are highly sensitive and very unlikely to miss a COVID infection. However, individuals can continue to test positive on a PCR for weeks or even months after they are no longer contagious. Rapid tests do a good job at picking up infections when an individual is contagious. They can still produce positive results after an individual is no longer contagious. This is why CDC does not require negative tests to end isolation.

Q: Does AISC require masks on campus?

A: Masks are required on campus until further notice.

If you have any questions about the AISC COVID protocol, please contact Nurse Mariama Bah at mbah@aisconakry.org.